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FOR IMMEDIATE RELEASE

Food For Thought Names New Board and Leadership Team Members

Sonoma County health and nutrition services agency growing to meet community needs.

April 8, 2019, Forestville, CA—Food For Thought, a health and nutrition services agency providing healthy food and compassion to people in Sonoma County living with HIV and other serious illnesses, announces the addition of a new board member and two new directors.

Nancy Bouffard, MPH, MSW, Board Director

Food For Thought's newest board member [Nancy Bouffard](#) has worked in health promotion and education for over 25 years. She has served as director of health education at the Kaiser Permanente Santa Rosa Medical Center since 2013. She earned a dual master's degree in public health and social work at the University of Michigan

Bouffard supports Food For Thought's powerful mission and is especially interested in building the organization's [Welcome Home](#) and [Medically Tailored Meal](#) programs providing food and nutrition services to Sonoma County residents with serious illnesses.

Meghan Murphy, MSW, Deputy Director

Bringing her passion for individual and community well-being, [Meghan Murphy](#) has joined Food For Thought as deputy director. Her 20-year-background in social services organizations includes leadership, nonprofit management, and program development. With a focus on delivering services to Sonoma County's HIV+ community, Murphy previously served for 10 years as program

director of Face to Face. She holds a master's degree in social work and a bachelor of arts degree in communication.

Murphy will use her expertise in nonprofit and change management to help Food For Thought expand and align its services to meet Sonoma County residents' evolving needs.

Mark A. Green, Development Director

[Mark A. Green](#) has been named development director of Food For Thought. His expertise in public benefit organizations has focused on fundraising and public policy efforts throughout the North Bay. Green is best known locally as the founding executive director of Sonoma County Conservation Action, which he developed into the largest conservation organization on the North Coast during his 10-year tenure. He has consulted to public agencies, nonprofits, and political campaigns as an analyst, organizer, fundraiser, communications specialist, and lobbyist.

Green will use his experience in fund development and organizational growth to lead Food For Thought's development and communications activities.

Expanding Services to More Sonoma County Residents in Need

Ron Karp , Food For Thought executive director, says the new team members join a staff and board of directors dedicated to providing food and nutrition services to distinct populations throughout Sonoma County. According to Karp: "Food For Thought remains committed to serving Sonoma County residents living with HIV. Our reinforced leadership team will help us expand services and provide nutritious, healing food to other neighbors in need who experience serious illnesses."

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About Food For Thought - Founded in 1988, Food For Thought's mission is to nourish and serve our community by providing healthy food and compassion to people living with HIV and other serious illnesses. We currently feed 700 people in Sonoma County as well as provide nutrition counseling, healthy cooking classes, a congregate lunch program three times a week, and an organic gardening project.

NOTE: Photos of Bouffard, Murphy and Green embedded below and also attached to email.



Nancy Bouffard, MPH, MSW, Board Director, Food For Thought



Meghan Murphy, MSW, Deputy Director, Food For Thought



Mark A. Green, Development Director, Food For Thought