



2018

# Food For Thought Annual Report

**F**rom our roots as a local organization feeding our neighbors living with HIV, Food For Thought continues to grow as a countywide agency fostering health and healing with food and compassion.

Although the agency met with some significant challenges in 2018, we nonetheless moved our programs forward while continuing to provide top-quality, comprehensive food and nutrition services to clients across the county.

In 2018 we also began a strategic planning process that maps our 10-year vision to serve significantly more seriously ill Sonoma County residents. Our leadership team and Board of Directors are currently finalizing the plan's first three-year phase, which includes opening a Santa Rosa location and securing operational and financial capacity to meet ever-growing demand for our services.

As we move toward this vision, we remain deeply grateful to all who provide financial and volunteer support. Your generosity is what allows our Food For Thought community to remain highly regarded as the Sonoma County agency that provides food + love.

With deepest appreciation,

Ron Karp  
Executive Director  
Food For Thought



Rodney DeMartini  
President  
Food For Thought Board of Directors



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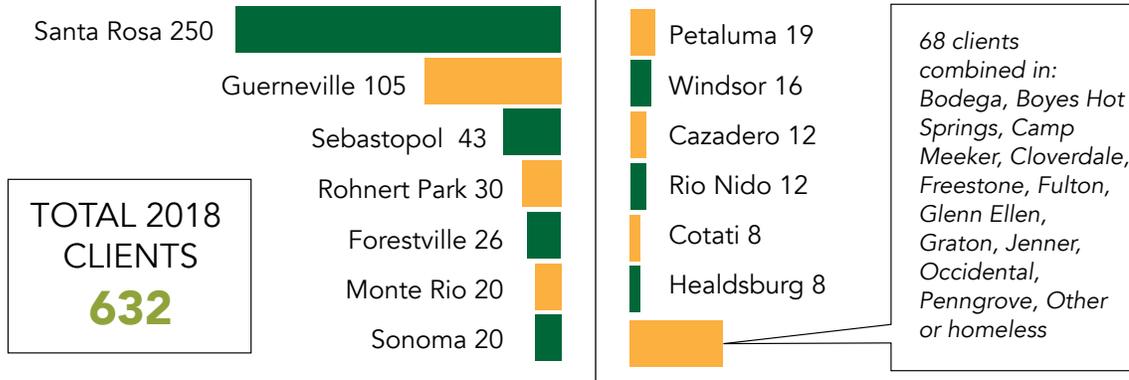
Dave Hall Photography



# 2018 What We Accomplished

Your Donations Help People **THROUGHOUT SONOMA COUNTY**

## Number of Clients by City



## FOOD IMPACT



## VOLUNTEER IMPACT

Weekly Grocery Orders Filled: **13,282**

**500** Volunteers

Home Deliveries Made: **5,832**

**28,000** Volunteer Hours

Value of Food Donations (Food Drives): **\$145,085**

**\$712,040** Value

Value of Food Donations (Non-Food Drives): **\$379,222**

Lunch Program Meals Served: **4,430**

Cost to Clients: **\$0**

## What Clients Say After Receiving Our Services

96% feel cared about, less isolated and lonely

94% eat more fruits and vegetables

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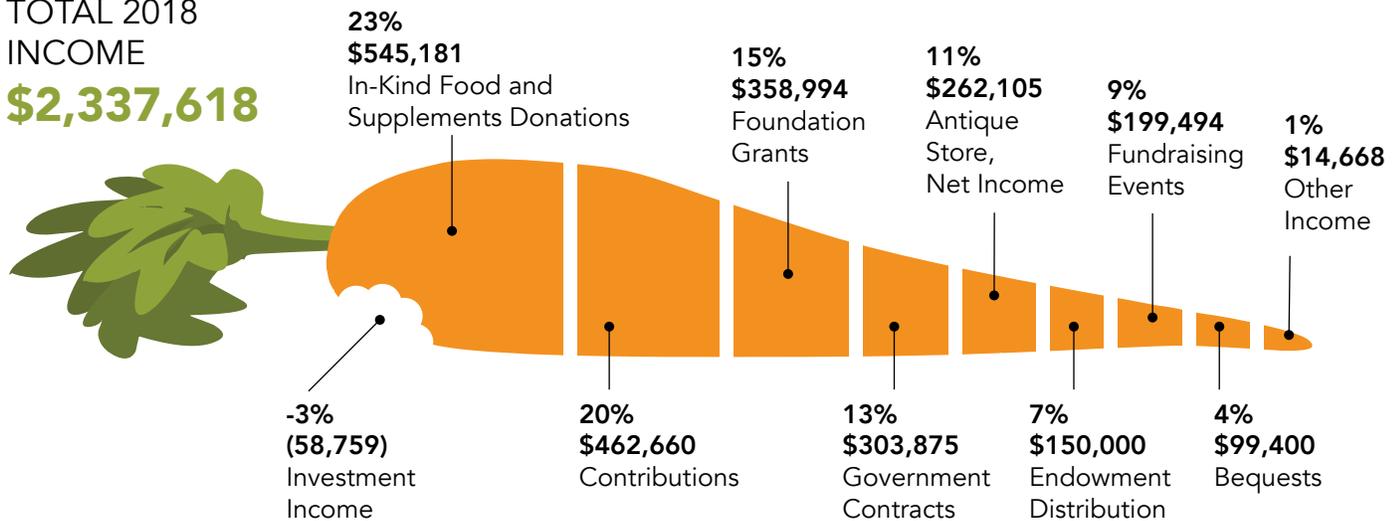
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# Income & Expenses 2018

## I N C O M E

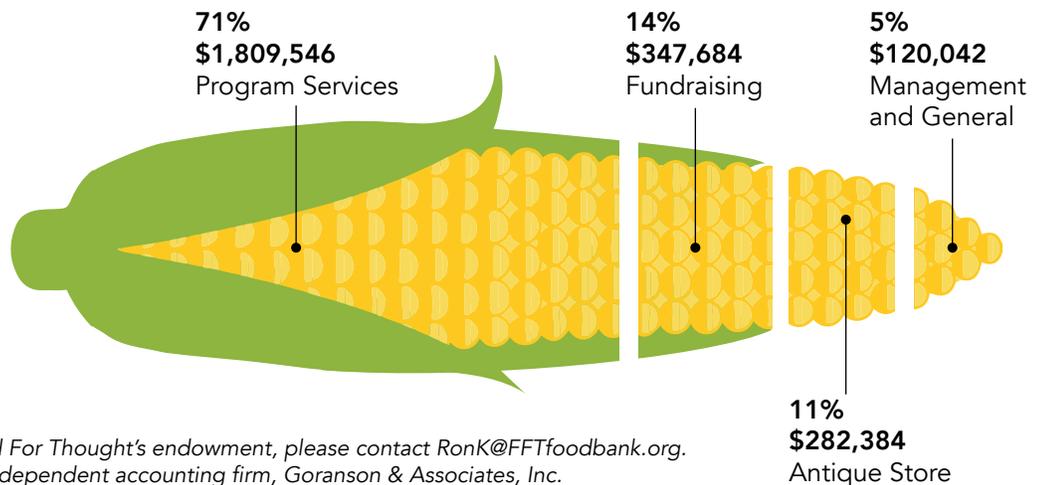
TOTAL 2018  
INCOME  
**\$2,337,618**



## E X P E N S E S

TOTAL 2018  
EXPENSES\*  
**\$2,559,656**

\*Not included in the above is \$44,677 in depreciation expenses. Excess expense over revenue in 2018 was funded by bequest income from prior years.



For more information about Food For Thought's endowment, please contact [RonK@FFTfoodbank.org](mailto:RonK@FFTfoodbank.org). Our finances are audited by an independent accounting firm, Goranson & Associates, Inc.

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## Food For Thought: healing with food + love

Food For Thought provides healing food and nutrition to over 850 people affected by serious illnesses in Sonoma County. We offer life-sustaining services at no charge to qualified clients who are at risk of malnutrition.

### HIV Food Program

Nutritious food for over 525 Sonoma County residents living with HIV.

### Children's Pantry

Nutritious food for dependent children of our clients.

### Welcome Home Food Program

Three months of nutritious food for Sonoma County residents released from the hospital and at risk of malnutrition.

### Bags of Love

Nutritious, ready-to-eat food for homeless individuals in Sonoma County.